

## **BATTLE OF THE SALADS**



As part of the Diamond Jubilee celebrations of the **Sacred Heart Church**, the Cultural & Sports Committee is proud to announce yet another event. We will have a **Salad making & Vegetable Carving Competition** to be held on 29<sup>th</sup> August 2014.

### **GENERAL GUIDELINES:**

- Participants should be members of Sacred Heart Parish and are limited to **Ladies only**.
- Participants may take part in both Salads & Vegetable Carving competitions if desired
- Participants may bring their own decoration materials for more elegance and style in presentation.
- The participants may cook the ingredients prior to the event but the final preparation /presentation /decoration shall be done at the competition venue.
- The Salad competition will be held on 29 August 2014 at 10:15AM
- The Vegetable Carving competition will be held on 29 August 2014 at 11.15AM
- Last date for entry: Tuesday 26<sup>th</sup> August 9PM.
- Participants should report 15 minutes prior to the start of the event.
- Time allowed for Salad competition will be 30 minutes
- Time allowed for Vegetable carving competition will be 45 minutes
- Competitors will be supplied with a table only
- Competitors are responsible to bring own tools as required (no power tools please/ and no gas or induction cooking during the event)
- The organizers are not responsible for any injuries or harm incurred by the use of tools brought for the competition
- Participants are to bring their own vegetables / fruits / leaves that are very well cleaned.
- All entries to remain on display until the end of show.
- Number of participants per team will be 2 max
- The entry fee will be BD 3 per team
- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prizes, certificates /trophies will be awarded to the winners
- Judges decision will be final

**SALADS**

- Each item shall be prepared to fill up a regular sized bowl (good for 2-3 people).
- A detailed recipe of the preparation shall be shown beside the dish.
- The ingredients used may be vegetarian and or non-vegetarian

**JUDGING CRITERIA:**

- First Impression
- Hygiene in preparation
- Design composition / Creativity
- Taste/Texture
- Presentation/appearance
- Attention to detail

**VEGETABLE CARVING**

Each team is required to BRING the following items:

- Wooden sticks and tooth picks if necessary
- Dinner Plate
- Cutting Board and Tools

Each team is required to make one free style vegetable/fruit carving.

**JUDGING CRITERIA:**

- First Impression
- Design Composition
- Artistic Impression
- Attention to detail

**For further information please contact:**

**Leo Joseph (39207951) / Margaret Correya (36699892) / Chithalka Ambrose (36581132)**

**ENTRY FORM – 'BATTLE OF THE SALADS' COMPETITION 2014**

Team Leader: ..... CONTACT NO. ....

Team Member: .....

EMAIL: .....

*Ladies Only*

**Participating in (please tick)**

SALADS     VEGETABLE CARVING

SIGN: .....

DATE: .....